

GREAT LAKES YOGA

DETOX

workshop

Saturday, October 1st 10 am - Noon

45 minutes of **hot yoga** followed by a sampling of detoxing **spa products**, **massage** and healthy **snacks**. Bring a friend and unwind for a morning that will have you feeling amazing. We promise!

\$25 per person

space is limited, call today for a reservation!

989.799.YOGA (9642)

6400 State Street • Saginaw, MI 48603

special discounts for **yoga packages** and featured products

detoxifying **mud mask**

massage with detoxifying oils

Nutritional sampling bar with **recipes**

